



2009-2010

Community
Benefit Report

Fremont Area Medical Center is guided by our mission:

*“To Improve the Health and Wellness of People
in the Communities We Serve”*



Here is a review of some of the major programs that have fulfilled our mission during FY 2009–2010.

PROJECT PINK: GIVING YOUR HEALTH THE ROYAL TREATMENT EVENT

FAMC hosted a fun and informative evening dedicated to women’s health. Jennifer Hart, Mrs. Nebraska 2009, emceed the program. The 360 women attending heard testimonials from women about a variety of women’s health issues and were given an opportunity to hear from a panel of physicians regarding topics



such as maternity services, breast health, varicose veins, and da Vinci® hysterectomy.



PAINT THE TOWN RED

FAMC hosted an informative evening dedicated to heart health. The 500 attendees learned

valuable information about keeping their hearts in optimal shape, as well as risk factors for heart disease and symptoms of a heart attack, and they heard two testimonials from those who have experienced heart disease. Our expert panel provided a look at emergency care, information about the Cardiac Cath Lab, post-catheterization treatment, and cardiac rehabilitation. John Cook, University of Nebraska Head Women's Volleyball Coach, was the guest speaker.

INVOLVEMENT WITH SCHOOLS

FAMC is committed to encouraging healthy lifestyles for students from elementary school through high school.

- » More than 500 third graders toured FAMC and learned about the dangers of tobacco use.
- » FAMC continued our partnership with Clarmar Elementary and donated time as tutors.
- » Mentoring was provided through the Teammates program.

FAMC Rehab Services staff is dedicated to keeping area athletes in the game. The Sports Medicine Department at FAMC provides daily athletic training coverage—most of which is provided free of charge—to nine area schools. This includes game and practice coverage, rehabilitation and injury management, assessment of injuries, first aid, injury prevention, and injury evaluations.

With the help of Medical Staff and volunteers, FAMC provides free annual

Sports Screenings to more than 600 student athletes, grades nine through 12.

During the school year, FAMC trainers and local orthopaedic specialists provide free injury assessment and evaluations of acute and chronic injuries at the Saturday Morning Sports Injury Clinic. Initial evaluation and up to three follow-up sessions are free. If further treatment is necessary, the student athlete will be referred to his or her family physician or an orthopaedic specialist.

FAMC athletic trainers also presented information at a Coaches' Clinic hosted by Fremont High School. Coaches from across the state attended the clinic. Summer conditioning speed and agility training and performance testing for athletes were also offered.

AGELESS

The AgeLess Program offers health programs to area seniors. It's free, and the services available through the AgeLess Program are guided by four key factors that promote healthy aging:

- » Education
- » Prevention
- » Socialization
- » Screening

At the end of FY 2009–10, the AgeLess program had grown to nearly 450 participants.



For information about the number of lives touched through FAMC Programs and Services, visit our website at www.famc.org, click on the "About FAMC" tab and select "Facts & Figures."



IN FY 2009–2010, FAMC PROVIDED UNCOMPENSATED CARE FOR:

Traditional Charity Care (healthcare services offered free of charge or on a discounted fee schedule to individuals who meet predetermined financial criteria) \$2,267,313

Community Health Education and Outreach \$454,108

Unpaid Costs of Public Programs (Medicare and Medicaid shortfalls, which are deficits created when FAMC receives payments that are less than the cost of care for public program beneficiaries) \$9,711,630

Subsidized Health Services (subsidized health services generate little or no income and most likely would not exist if not provided by hospitals) \$977,148

Cash and In-Kind Donations \$100,819

One of the most significant community benefits contributed by Fremont Area Medical Center is uncompensated healthcare—healthcare services provided to the uninsured and underinsured.