



2005–2006 Community Benefit Report

Giving Back to the Community

- Each year, Fremont Area Medical Center holds a Holiday Food Drive. Employees contributed more than 4,000 pounds of food and \$1,500 to the 2005 Food Drive.
- Holiday packages were sent to soldiers in Iraq.
- In 2006, FAMC employees donated more than \$18,000 to the United Way/CHAD campaign.
- Thirty-five staff members presented at the Health Careers Summer Camp. A total of 22 attendees were presented information about various healthcare careers.
- Three employee blood drives were held in conjunction with the American Red Cross in fiscal year 2005–2006.
- A free dinner and cake were served to cancer survivors at the Dodge County Relay for Life, of which FAMC was a corporate sponsor.
- FAMC offered tours to area third graders. During the 2005–2006 school year, 576 students toured the Medical Center. FAMC also provided assistance to the school through donations and health-related presentations. FAMC has a school/business partnership with Clarmar Elementary School.
- Many of our 920 employees volunteer time to a variety of local organizations and charities.



Health Tracks on the Road—Fremont Area Medical Center's annual Health and Wellness Fair was expanded in the past year. FAMC has worked in collaboration with various community partners, including Nebraska Safe Kids, Diers Ford-Lincoln-Mercury, Heartland EMS, Health Care for Women, Care Corps, and Three Rivers Public Health Department. Events were held in Fremont, North Bend, Dodge, Mead, and Hooper. Health Tracks, Jr. was held to focus on safety, health, and wellness for children. Nearly 80 children participated in a bike rodeo, and 41 child safety seats were checked—27 of which were installed incorrectly upon arrival. Approximately 700 adults and 175 children attended the various Health Tracks events.



Food for Thought—447 attendees learned about a range of topics during lectures that included Medicare Part D, Arthritis, Heart Disease, Lymphedema, Colon Cancer, Childhood Infections, Conquering Cancer, and Lightened Up Summer Favorites.

Education Classes/Support Groups—Various support groups are available, including Living with Cancer, Bereavement, Chronic Pain, Celiac Sprue, Fibromyalgia, Multiple Sclerosis, Breast Cancer, and Diabetes Support Groups. A variety of childbirth and infant care classes are offered. Joint Center Seminars are also offered monthly.

Community Blood Draws—Over 2,000 wellness blood profiles were completed.

Traditional Charity Care \$1,323,059
(healthcare services offered free of charge or on a discounted fee schedule to individuals who meet pre-determined financial criteria)

Community Health Education and Outreach \$238,710

Unpaid Costs of Public Programs \$13,930,129
(Medicare and Medicaid shortfalls, which are deficits created when FAMC receives payments that are less than the cost of care for public program beneficiaries)

Subsidized Health Services \$704,264
(subsidized health services generate little or no income and most likely would not exist if not provided by hospitals)

Cash and In-Kind Donations \$50,413

One of the most significant community benefits contributed by Fremont Area Medical Center is uncompensated healthcare—healthcare services provided to the uninsured and underinsured.



Schools—Fremont Area Medical Center's athletic trainers spent nearly 10,000 hours covering 9 area high schools. More than 700 athletes attended the pre-participation sports screenings provided by FAMC and local healthcare providers. Around 400 students attended the sports injury clinics held on Saturdays for 35 weeks. FAMC physicians volunteered their time for these clinics. Fifteen area coaches attended a coaches clinic to provide education in the areas of conditioning, safety, sports psychology, and sports nutrition.

Patient Transportation—FAMC provides free non-emergency transportation for patients from their homes to FAMC. This service is available to those who cannot provide transportation for themselves and live in Fremont, greater Dodge County, Cedar Bluffs, and Arlington. Last year, 4,505 rides were provided.

Language Services—FAMC is making efforts to meet the needs of all non-English and sign-language-speaking patients and families. To aid

these families, FAMC provides Language Services personnel, who are available for one-on-one Spanish translation and other needed translation functions.

Lifeline®—FAMC's Lifeline service celebrated its 20-year anniversary of providing peace of mind through a personal response service that links subscribers to the 24-hour Communications Center at FAMC. More than 200 subscribers currently benefit from this service.

Well City

Thirty-four companies have shown interest in the Fremont Well City initiative, an initiative designed to improve employee health and productivity, while decreasing healthcare costs and workplace absenteeism. Nineteen companies are actively pursuing their Well Workplace award to work toward achieving a Fremont Well City status. FAMC was awarded the Gold Well Workplace award from the Wellness Councils of America.

